

BARRIERS TO ADULT LEARNING: SOME PRACTICAL GUIDANCE

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ABSTRACT

A basic feature of adult education is involving adults in becoming lifelong learners. More often than not, this requires removing barriers to learning, especially those relating to the actual organisational or institutional learning process. This article explores some of the main barriers to adult learning and examines some practical guidance on how to overcome them.

KEY WORDS: Adult, Barriers, Learning, Guidance.